

Mo	Di	Mi	Do	Fr	Sa	So
		1. 8:30-9:00Uhr Early Bird (30min) <i>Alexa</i>	2.  19:30-20:30Uhr All Level <i>Alexa</i>	3. 8:30-9:00Uhr Early Bird (30min) <i>Julia</i>	4. 9:30-10:00Uhr ★Power-Yoga★ (30min) <i>Alexa</i>	5.
6.  <i>Nikolaus</i>    <i>Kein Yoga</i>	7. 8:30-9:00Uhr Early Bird (30min) <i>Julia</i>  20:00-21:00Uhr Stretch & Relax <i>Julia</i>	8. 8:30-9:00Uhr Early Bird (30min) <i>Alexa</i>	9.  19:30-20:30Uhr All Level <i>Alexa</i>	10. 8:30-9:00Uhr Early Bird (30min) <i>Julia</i>	11.	12. 9:30-10:30Uhr ★SundayStretch★ <i>Julia</i>
13. 9:00-10:00Uhr Easy Monday <i>Julia</i>  19:30-20:30Uhr All Level <i>Julia</i>	14. 8:30-9:00Uhr Early Bird (30min) <i>Julia</i>  20:00-21:00Uhr Stretch & Relax <i>Alexa</i>	15. 8:30-9:00Uhr Early Bird (30min) <i>Alexa</i>	16.  19:30-20:30Uhr All Level <i>Alexa</i>	17. 8:30-9:00Uhr Early Bird (30min) <i>Julia</i>	18. 9:30-10:00Uhr ★ChristmasFlow★ (30min) <i>Alexa</i>	19.
20. 9:00-10:00Uhr Easy Monday <i>Julia</i>  19:30-20:30Uhr All Level <i>Julia</i>	21. 8:30-9:00Uhr Early Bird (30min) <i>Julia</i>  20:00-21:00Uhr <b>108</b> <b>Sonnengrüße</b>	22. 8:30-9:15Uhr Early Bird ★ X-mas Edition ★ <i>Alexa</i> & <i>Julia</i>	23.	24. 	25.	26.
27.	28.	29.	30.	31. 		



23.12.2021 - 02.01.2022 Weihnachtsferien

